Hikanbyke Highlights

Next **Planning** Meeting/Potluck
Date: Tuesday Feb. 12 at 6:30 PM
Place: Sandy's home
Directions:

Next **Collating** Meeting/Potluck
Date: Thursday Feb. 21 at 6:30 PM
Place: Barbara's home
Directions:

To submit events for the next issue of the newsletter:

Deadline for next issue: February 18
By E-mail:
DLSinBenicia@sbcglobal.net
Include: Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

Membership

To receive the Hikanbyke newsletter or to renew your membership, send an application (with $10 check **payable to Niels Povlsen**) to Hikanbyke Membership 125 Lees Place Martinez, CA 94553. Please advise Charlie Uhlman (cju2@sbcglobal.net) of any changes to your email. You can send him an e-mail anytime, or note it on the membership renewal form. A copy of the membership form is available on the Hikanbyke web site.

Hikanbyke Web Site:
http://www.hikanbyke.org

Some information in the newsletter is available at our website, including a "condensed" version of the activities schedule and photos of past events.

STATEMENT OF PURPOSE

We are a non-profit group of single friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere.

Club Coordinators

Membership / Missing Newsletters:
Charlie Uhlman (925) 988-6001
cju2@sbcglobal.net

Membership Questions & Mailing:
Jeannette Dothee (925) 872-2834
Hyknbyk2@aol.com

Treasurer:
Niels Povlsen (510) 375-1521
Hiknbyke@fastmail.fm

Newsletter Editor:
Diane Savard (925) 864-7141
hikanbyke@sbcglobal.net

Event leader Information:

Event Leaders are encouraged to carry a ***mobile phone*** in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

Unless specifically invited by the event leader, ***no*** animals are permitted on events.

Email Notices: Hikanbyke has an announcement list for notification of unscheduled events or last minute information. To subscribe, send an email to
Hikanbyke-subscribe@googlegroups.com
To post to this group, send email to
Hikanbyke@googlegroups.com
To unsubscribe from this group, send email to
Hikanbyke-unsubscribe@googlegroups.com
For more options, visit this group at
http://groups.google.com/group/Hikanbyke.
You must include your name and contact information in every post.

Bicycle Ride Rating System

GRADE	PACE
1-Flat	**L**-Leisurely: 10 MPH or less, with frequent stops
2-Gentle	**T**-Touring: 10-13 MPH, regroup stops
3-Rolling	**M**-Moderate: 13-16 MPH, occasional regroup
4-Some Steep	**B**-Brisk: faster pace, may not regroup
5-Steep Hills	

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

Hike Grading System

GRADE	Climb
1-up to 6 miles	**A**-Less than 1,000 ft.
2-6 to 10 miles	**B**-1,000 to 2,000 ft.
3-10 to 15 miles	**C**-2,000 to 3,000 ft.
4-15+ miles	**D**-Over 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

EDITOR'S CORNER

Last Newsletter Leaders for 2007 - Thank You to all the leaders of events in the past year. We had many members lead events for the first time (perhaps the $20 reward was an incentive?) and several of our veteran members were rewarded for hard work with the $100 prize. One new member, Robin, led an event in the recent calendar to earn $20 and Niels must be trying very hard to wind the drawing this time with a total of 11 events listed in the recent calendar! And now, thank you to leaders in the Nov-Dec newsletter:

Robert, Sandy ,
Jan, Don ,
Rose, Ann,
Leanne, Niels ,
Lorraine, Ellen ,
Diane, Kathy ,
Jean, Toni ,
Frank, Dave ,
John, Robin ,
Maggie, Greg,
Helen, Charlie,
Stan, Joan ,
Lynn, Liz ,
Bobbi, Rebecca ,
MaryAnn, Gretchen

And the Winner is ... To encourage new leaders this year, we had an incentive program both for members leading their first event ($20) and a drawing ($100) each planning meeting for a winner from a previous calendar.

To date the winners are: Jan-Feb Diane /Ellen , Mar-April Don/MaryAnn, May/June Niels, July/Aug Diane /Frank. The winner for the September/October events is John M. One more drawing for 2007 leaders. That will take place at the planning meeting held in February 2008. This incentive plan was voted on at the last policy meeting. If you have thoughts about continuing it, or have suggestions about ways to encourage new leadership, attend the next policy meeting.

UPCOMING EVENTS

Wild Flower Weekend in Nevada City
March 13 thru March 15
Don & MaryAnn
Join us once again as we return to this quaint little gold rush town at the height of the spring wildflower season... As you drive into town and see those yellow daffodils blooming along side the highway lets you know that your in store for a weekend filled with music, laughter, hikes, memories, and so much more. We have 15 rooms reserved each with 2 queen sized beds, small refrigerator, hair dryer, TV, etc. The hotel also has a covered pool and hot tub. The two hikes will be filled with waterfalls, moss covered trees and an abundance of wild flowers. This weekend includes 2 nights lodging, welcoming dinner on Friday in our cabin and an old fashion musical comedy "Nunsense" at the Off Broadway Theater will keep you smiling through out the performance. We'll have a country breakfast in our cabin on Saturday morning and a full course group dinner including tax and tip at the Trolley Junction restaurant on Saturday night. The total weekend package is only $195.00 per person double occupancy... Please send your checks Last day to reserve your spot is February 15. Enclose your email address, mailing address and phone number with your check.

Exotic Panama Canal Cruise
April 6 thru April 21
Don & MaryAnn
Join 16 others Hikanbyker's as we travel on a 15 day cruise aboard the Island Princess visiting one of the engineered wonders of the world. We will be boarding our cruise ship in Fort Lauderdale, Florida and visiting ports in Jamaica, Aruba, Colombia, Panama Canal, Costa Rica, Guatemala, and Huatulco, Mexico. The price of $1999.00 per person double occupancy in a standard room. includes all taxes, fees, meals, entertainment, and a whole lot more. If you're interested in joining us, gives us a call. It's going to be one heck of a good time.

Lake Tahoe Wonderland
May 23 thru May 26
Don & MaryAnn
Join us for 3 nights 4 days in the Zephyr Cove area of Lake Tahoe. We have a whole lodge reserved for our Hikanbyke family overlooking beautiful Lake Tahoe. We have 15 rooms each with 2 twin beds; half of the rooms have lake views. There is such an opportunity for just about anything and everything that you may want to do. The Zephyr Cove marina is within walking distance for a cruise around Lake Tahoe. The chair lifts are open for those who want to take a scenic ride and hike the trails on top. There are numerous hiking trails available all around the lake. If you enjoy bike riding, there are numerous paved bike trails around lake that will take you away from the crowds. There will be many events going on all weekend. The view from the lodge is breath taking. This weekend includes 3 nights lodging, welcoming desert on Friday night, 3 breakfast, 2 lunches, and 2 dinners all for only $210.00 per person double occupancy. The first 14 people who sign up will get lake view rooms. Cut off date is May 1, 2008. Send your checks to hold your reservation for the full amount. Your check will be held until April 1 before cashing. Please enclose email address, mailing address, and phone numbers for each of you with your check.

Hikanbyke Anniversary Picnic
TBA in May
Joanne
Hikanbyke will be 15 years old next spring. Let's have a picnic in May and celebrate. We need members to help us find the now inactive original members. If you would like to be on the planning committee for this picnic or are in contact with former members, please let Joanne Lagerstrom know. Emails preferred. lennaoj@sbcglobal.net.

Yosemite in the Spring
June 6 thru June 8
Don & MaryAnn
Yosemite in the spring has always been a special time for Hikanbyke. This is the best time of year to visit Yosemite as it is adorned with waterfalls falling from cliffs all around us. Our housekeeping Units are right on the river in the heart of Yosemite Valley. There is nothing better than waking up in the morning with the smell of our coffee near by and the beauty that surrounds you as you walk out of your housekeeping Unit. The hiking is spectacular and memorable. If you're not into hiking, sitting besides the river and enjoying the day is well worth it. Crossing the bridge and relaxing on the beach or taking a raft down the river brings an enjoyable day. The weekend includes 2 nights lodging, 4 meals (2 breakfast & 2 dinners) all for only $186.00 per person double occupancy. This weekend will sell out fast. To reserve your unit, please send your check in for two people in the amount of $372.00. If you would like to put 3 people in your unit, your cost will be $480.00. Your checks will be held until April 15 before cashing. Please enclose email address, mailing address, and phone numbers of those who will be staying in your unit with your check.

Hetch Hetchy the Other Yosemite
June 13 thru June 15
Don & MaryAnn
We will be staying in Yurts along side the Tuolumne River at the Yosemite Lakes Resort. Each yurt will sleep 3 people and they all have a full kitchen, bathroom, air conditioner, TV, VCR, outside deck and barbecue. We have all the Yurts reserved for this weekend in which 21 Hikanbykers can take advantage of hiking into the Hetch Hetchy area where another Yosemite was to be born, but instead the O'Shaughnessy Dam was built to supply water to San Francisco. The hike into Hetch Hetchy will bring us to 3 spectacular water falls, Tueeulala, Wapama, and Rancheria. We will be here at peak season and you will see the most powerful force coming from the dam... We will also have other hikes to Lookout Point and Carlon Falls. There is also fishing right outside your Yurt. This weekend includes 2 nights lodging, 4 meals (2 dinners, 2 breakfasts) to be enjoyed along side the Tuolumne River and a whole lot of great memories for only $230.00 per person. Please send your check to reserve your Yurt for the 3 people. Cut off date for this trip is May 9, 2008.Your check will be held until May 1 before it is cashed. Please enclose your email address, mailing address, & phone numbers for all 3 people with your check.

New England Cruise
Linda
August 24 – 31
I'm hosting a New England cruise from New York roundtrip on Caribbean Princess. Ship is built in 2004. Grand class, so chock full of entertainment, movies under the stars and onboard activities. Ports of call: Halifax, Nova Scotia: 1st British town in Canada with charming boardwalk; St. John, New Brunswick: Bay of Fundy, Reversing Falls, Victorian Architecture; Bar Harbor, Maine: Acadia National Park; Newport, Rhode Island: famous cliff walk, historic Gilded Age mansions; Boston, Mass.: walk Freedom Trail, visit art museums, and shop Faneuil Hall/Boston Commons. Inside cabin: $1015.08, includes port tax & fees for all categories; ocean view cabin: $1255.08; balcony cabin: $1455.07; single supplement for inside cabin: $1558.08, inquire with me about other cabin single supplement; recommended but optional insurance $89 for medical, trip cancel or baggage loss; $250 deposit for single person, $500 for double, rooms based on double occupancy - final payment due April 1, 2008. Possible stay over pre/post cruise in New York City. Airfare is about $360 now coast to coast.

January – February Events

New Year's Day Marina Green/Crissy Field San Francisco Bay Walk
Monday January 1 10:30 AM
Niels
Meet across the street from Safeway in the Marina Green parking lot for a leisurely walk along San Francisco

Bay. We'll wander through Crissy Field and on to Fort Point where we'll share a snack and perhaps say a toast to our good fortune of having such wonderful friends. We will continue the walk through the Presidio back to our cars. **Bring food/drink to share.**

Mixed Doubles Tennis in Walnut Creek
Robert
Every Wednesday at 1:30 PM
Call Robert for further information.

Saturday Morning Walks
Every Saturday 8:15 AM
Sandy UKSandy@aol.com
Every Saturday early birds leave at 8:15 prompt from the trailhead/ farmer's market area in downtown Danville. We either walk the Iron Horse trail (4 miles in and out) or for more cardio every two weeks we hike the hill up to the San Damiano retreat. Afterwards we have coffee and lively discussions at Pascal's coffee shop. We welcome new faces! Heavy rain would cancel.

Sunday Morning Walks
Sandy UKSandy@aol.com
Every 2nd Sunday in the month at 8:30 prompt we will meet at the children's play structure at Lafayette Reservoir to walk the lower trail. Afterwards we can go for coffee at Papillion. Heavy rain would cancel.

Wednesday Walk
Wednesday January 3 3:00 PM
Leanne
1A. 50 minute FLAT walk on Contra Costa Canal Trail to Heather Farms, through the Rose Garden and back. Meet at Walden Park on Oak Road, Walnut Creek, 2 to 3 blocks south of the Pleasant Hill BART Station, where the Contra Costa Canal Trail crosses Oak Rd. RSVP required.

Borges Ranch, Diablo Foothills Afternoon Hike
Saturday January 5 1:00 PM
Leanne
2B. 2 to 3 hour hike from Borges Ranch through Diablo Foothills. On our group hike here in the fall we had an eagle pass not 10 feet from us. Come experience the magic of the Diablo Foothills. Be prepared for some mud. Rain in the last 3 days cancels (soil has too much clay, and builds up on shoes). Start: lower parking lot near picnic area and restrooms at Borges Ranch. From Ygnacio Valley Road, take Oak Grove Road about 5 miles towards Mt. Diablo. About 1/2 to 1 mile after Northgate High School, turn right on road to Borges Ranch. RSVP Required.

Mt Diablo Falls Trail 2B
Sunday January 6 10.30 AM
John
This is a great hike in the Spring, so let’s try it in the Winter when Mt Diablo offers good hiking opportunities and we may see a waterfall. The hike is about six miles and there are areas where there is some elevation gain, so good hiking shoes or boots are strongly recommended. There will be a lunch stop so bring something to share. Rain cancels. Call if in doubt. Directions From Interstate 680 in Walnut Creek, take Ignacio Valley Bl northeast to Clayton Rd. Turn right and continue 2.9 miles (Clayton Rd becomes Marsh Creek Rd) to Regency Dr. Turn right and go .6 of a mile to end of street and park.

Mission Trail Public Mural Walks
Saturday January 12 1:30 PM
Stan swong522@sbcglobal.net
Leanne leannenelson@yahoo.com
Mission Trail Public Mural Walks led by Precita Eyes Mural and Visitors Center. Tour includes a brief slide presentation on the history and process of mural art and tour of over 70 murals within a 6-block walk. Cost $12 general, seniors $5. BART costs about $7 or $8. Optional dinner in the City afterwards. Rain does NOT cancel. Limited to 15 participants. Please RSVP to let us know if you'll be joining us. For more info., see: www.precitaeyes.org/tours Meet leaders, or at Precita Eyes, as follows: 11:50 a.m. meet Stan at N. Concord BART, train leaves 12:03 p.m. 12:00 p.m. meet Leanne at Pleasant Hill BART, train leaves at 12:12 p.m. 1:30 p.m. Precita Eyes Mural Arts and Visitors Center, 2981 24th St. at Harrison.

Koffee Klatch
Monday January 14 9:00 AM
Rose
Ann
This morning let's head to Il Fornaio which is downtown WC across from Nordstrom's. Plenty of free parking in the garage behind Il Fornaio. Look forward to seeing you.

Maguire Peak
Tuesday January 15 10:00 AM
Don
We are again starting our adventure hikes during the week. They will either be on a Tuesday or a Thursday. This will depend on the weather. They will all be RSVP. Some will be local. This day we will be hiking in Sunol Park. We will hike the circuit of Maguire Peak, via the Upper Peaks and Maguire Peaks trails... The trail explores a hidden corner of Sunol Wilderness. The scenery is beautiful and serene and the vistas from several vantage points are superb.
Directions: hwy 680 south to Calaveras Rd exit. At stop sign turn Left onto Paloma Rd. Go back under I-680 and stay in left lane, and at the next stop sign continue straight now on Calaveras Rd. Go south 3.9 miles to Welch Rd. Turn left and go to the 1.6 mile marker, where two turn-outs have space for about 6 or 8 cars.

Book Group Discussion and Potluck
Tuesday January 15 6:30 PM
Orrel
Frank
In Elizabeth Gilbert's Eat, Pray, Love, she was in her early thirties and had everything a modern American woman was suppose to want -- husband, country home, successful career -- but instead of feeling happy and fulfilled, she felt consumed by panic and confusion. This is the story of how she left behind all these outward marks of success, and of what she found in their place. Following a divorce and a crushing depression, Gilbert set out to examine three different aspects of her nature, set against the backdrop of three different cultures: pleasure in Italy, devotion in India, and on the Indonesian island of Bali, a balance between worldly enjoyment and divine transcendence. Directions:

Lake Merritt Walk & Dinner
Wednesday January 16 6:30 PM
Niels
Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring $ for dinner at local restaurant, after our walk.

Lynch Canyon (Vallejo) 2B Hike
Saturday January 19 9:50 AM
Lorraine
The newly maintained trails at Lynch Canyon Open Space in Vallejo have been open to the public for some months. This is an excellent opportunity to check out a new area. The joining trails vary in distance from 0.3 to to 2 miles in length. We will hike a total of 6-7 miles with grades rated as easy to difficult. The exact elevation gain is unknown, but certainly less than Diablo! We will meet at 9:50 A.M. and head for the trailhead at 10 AM sharp. Please wear layered clothing and hiking boots; poles recommended. Bring WATER, snacks and/or lunch. Rain cancels! There is a parking fee - amount not known. DIRECTIONS: From I-80 east, exit at American Canyon/Hiddenbrooke Pkwy. Turn East on McGary Rd (parallel to south side of I-80) and follow to I-80 underpass. Turn left and proceed through gate at end of cul-de-sac to gravel parking lot.

Greenbrae to the Headlands 3 Option Ride 3 or 4T 30t/-
Sunday January 20 10:00AM
Niels
This is a brand new ride through some of the nicest that S. Marin County has to offer for most level of riders. The route is varied, mostly on roads with light traffic, some bike trails & lots of spectacular views. We're offering 3 options 1) moderate hills 2) more hills 3) to the top of Conzelman in the Headlands. Option 1 is suitable for strong beginners. The ride starts in Greenbrae, meanders through Larkspur, and continues through Corte Madera over a moderate hill to Mill Valley where we'll continue on the Bike Trail to Sausalito. From there some will ride through the Tunnel and others continue up to Conzelman with every one meeting at Rodeo Beach in the Headlands for lunch. Bring lunch, helmet & plenty of water and be prepared for fog at the beach. Directions: 580 across Richmond-san Rafael Bridge. Take Sir Francis Drake Blvd west; cross under 101; turn left on Barry Way (Eliseo Dr.); Immediate left on Drakes Landing Rd.; Left into Park & Ride.

Goat Rock and Castle Rock Falls
Tuesday January 22 10:00 AM
Don
Join me as we go off on another adventure. This time we are off to Castle Rock State Park. It's like walking thru an enchanted forest. The trees are covered with moss in this typically heavy wooded section of the upper Santa Cruz Mountains. The area is high enough to be above the fog line in which we will have views of Monterey Bay and Big Basin. The trail is 5.6 miles long and elevation gain of only 800ft. We always have time to stop for din din on the way home. We will depart at 8:00 AM and this is an RSVP hike so give me a call if you would like to join in on the fun.

Hikanbyke Policy Meeting and Annual Roster collating
Thursday January 24 at 6:30 PM
Bob's house in Walnut Creek
Call for directions.
Please consider carpooling as there is limited parking on Holly Hill Ct. Overflow parking (down the hill) on Holly Hill Dr. Every year in January Hikanbyke has a policy meeting. Join us for a discussion of club policies. Topics in the past have included the memorial bench, dogs on walks, money making events, maintaining our "singles" focus, and ways to encourage new leaders. Do you have a suggestion on how to make this a better club? This is your chance to have your voice heard. We usually get a large turnout for this event. Please email any agenda items to Diane Savard dlsinbenicia@sbcglobal.net by January 21 so that a proper agenda may be created. This is **NOT** a potluck. The club will provide refreshments.

Black Diamond Mines Hike
Saturday January 26 10:00 AM
Robert and Joanne
We want to hike and explore the Black Diamond Mines. Bring boots, water, layered clothing and your lunch. Make plans to join us and meet us at the Pleasant Hill BART station parking lot that is on Treat Blvd. for carpooling. Heavy rain cancels.

Potluck and Social Bridge
Saturday Jan 26 6:00 PM
Diane
Ellen
Bridge players come celebrate our 5th Anniversary as a H&R event. Bring a potluck dish and beverage to share. RSVP by Wednesday, Jan 23. Contact Diane, Ellen or viewpl@jps.net for details.

Pinochle
Saturday January 26 6::00 PM
Toni
This is an RSVP event with a limited number of people. My house in Pleasant Hill DIRECTIONS:

Black Point Hike 2B
Sunday January 27 10:00 AM
Charlie cju2@sbcglobal.net
Join us on this moderately paced hike to Black Point where there is a view of the entire Concord/Walnut Creek basin. Be prepared for steep trails. Rain cancels. Meet at the Mitchell Canyon trailhead in Mt. Diablo State park (fee to park). From Clayton Rd and Ygnacio Valley Rd in Concord, travel East on Clayton Rd for approx 1 mile and turn right on Mitchell Canyon Rd. to the end. Facilities at the trailhead. Bring water, a snack, and good hiking shoes. The hike should take about 3 hours plus snack time.

Koffee Klatch
Monday January 28 9:00 AM
Rose
Ann
A new coffee shop has opened downtown WC, so let's give it a try. It is Saxby's located at 1632 N. Main St -- next to WC City Offices/Police Department. There is an area in the back that has couches w/coffee tables. Would you believe this coffee shop also has a fireplace? Yes, there are deliciously baked goodies as well as specialty coffees. We look forward to giving it a try.

Cliff House to Golden Gate Bridge
Tuesday January 29 10:00 AM
Don
This is one of my favorite local hikes as we will start from the Cliff House in San Francisco and hike along the coastal trail and through some glamorous neighborhoods all the way to the Golden Gate Bridge. Bring a lunch to eat on the beach. It's going to be a great day by the bay. As Usual this is RSVP.

6th Annual Sacramento Museum Day & Train Trip
Saturday February 2 8:00AM
Stan
Admission to all of Sacramento's 20+ museums is free today. We will meet at the Martinez train station and take AMTRAK to Old Sacramento. Once in Sacramento, our first stop will be for breakfast at the quaint Fox & Goose Restaurant, where you can get fresh homemade scones with Devonshire cream, or whatever else strikes your fancy. After breakfast we

will split up into small groups and visit the museums of your choice at your own pace. Fine art, state history, politics, antique autos, women's history and lots more are sure to peak your interest. There is even a guided tour of the cemetery with fascinating stories of the movers and shakers that made California what it is today.
Watch for the announcement on Google groups.
www.sacmuseums.org
www.foxandgoose.com

Mt. Diablo Waterfalls Hike 2B
Sunday February 3 9:45 AM
Charlie cju2@sbcglobal.net
Stan swong522@sbcglobal.net
Join us on this moderately paced hike to view the waterfalls on Mt. Diablo - let's hope there are some today! Be prepared for stream crossings, wet conditions, and steep trails. Rain cancels. Meet at the trailhead at the end of Regency Drive in Clayton. Take Clayton Rd to Marsh Creek Rd, follow approx 1 mile past Clayton town center. No facilities at the start (or anywhere else along this hike). Bring water and snack/lunch, allow minimum 3-1/2 hours plus lunch time.

Chinquapin and Crystal Springs Trails
Tuesday February 5 10:00AM
Don
This week we are traveling to Woodside in San Mateo County to hike deep inside a tranquil evergreen forest laced with gigantic redwood stumps left from long ago logging. After the rains have set in, the springs dampen fern-coated ravines, oxalis and wood ferns become shiny green and McGarvey Gulch Creek and its many tributaries flow freely over moss-covered boulders. The trail is 7.4 mile loop and elevation gain of 1300 ft. Bring a smile, camera, lunch and of course RSVP. We will always stop somewhere on the way home to talk about the day

Lake Merritt Walk & Dinner
Tuesday February 5 6:30 PM
Niels
Let's walk around Lake Merritt (3.3 miles) and enjoy an evening in downtown Oakland. Meet in front of Grand Lake Theater. Wear walking shoes & bring $ for dinner at local restaurant, after our walk.

Mill Valley Waterfall Hike
Sunday February 10 10:00 AM
Niels
Discover some new trailheads near downtown Mill Valley. We'll explore new twists and turns wandering through groves of Redwoods, along needle-covered trails and through quiet country roads. And, guess what? a potluck, so bring food/drink to share. RAIN WILL IMPROVE THIS HIKE. Hiking boots recommended. Bring water and bundle up with layered clothing. Directions: 101 S. to Blithedale exit; turn right and continue to downtown Mill Valley. Park (but be aware of parking time limits) and meet on the square by the Book Depot.

Koffee Klatch
Monday February 11 9:00 AM
Rose
Ann
Crepes A-Go-go located on N. Main Street was enjoyed by all who attended so we thought we would give it another try. Ample free parking on top of Il Fornaio Restaurant, walk north on Main Street about one block.

Gazos Creek to Table Rock
Tuesday February 12 10:00 AM
Don
This week we are off to San Mateo for a walk from Gazos Creek for lunch at Table Rock with great views along the way. Our hike takes us along uncluttered Gazos Beach to a group of jagged rock outcrops called Franklin Point in which we can explore tide pools. We will also be hiking through a eucalyptus grove and pass Rumrunners Cove. Their will be a good chance we will see Sea Lions because this is there mating season and we will be on the border of Ano Nuevo State Reserve. The hike is 7.8 miles round trip, elevation gain of 200 ft. Great food on way home. RSVP.

Event Planning Meeting & Potluck
Tuesday February 12 6:30 PM
Place: Sandy's in San Ramon
Directions:
Time to work up next schedule of events. New Members: interested in co-leading an event? Come and find out how to do it. We'll find an "old" member to help you. Call for directions.

Alamo to Orinda Bike Ride (3M-28)
Saturday February 16 9:45 AM
Roland
Join me for a social easy ride from Alamo to Orinda loop. We will have two stops. One in Moraga, and lunch in Orinda. Refreshments afterwards at a local pub. Rain cancels! Directions: Meet at Alamo Shopping Center (Danville Blvd. and Stone Valley Rd.) near Bank OF America.

Pot Luck Social and Sing-along
Saturday February 16 6.30PM
John
John and the gang are once again hosting another of the popular potluck sing-alongs at John's house in the Montclair district of Oakland. Don't worry if your voice is not that great, we are here to have fun. Bring a potluck dish to share if you plan to join the potluck. A-F brings a salad, G-L brings a desert, M-Z brings entrée, and your own beverages. Also a musical instrument if you have one, we have song books. Directions.

Book Group Discussion and Potluck
Tuesday February 19 6:30 PM
Pat
Frank
Claire Messub's The Emperor's Children centers on two young women and a young man, friends since college, who are not entering their thirties. Marina Thwaite is a beautiful girl who, by virtue of her looks and connections, has been given a contract for a book she's not sure she can write. Danielle Minkoff is a thoughtful young woman laboring in the purgatory of television and longing romantically for something better. Julius Clarke is frivolous, hard-living, and famously witty, having parlayed said wit into a career as a downtown critic but not much of a living: to his torment, he has to work temporary jobs. All three

revolve at varying proximity around Murray Thwaite, Marina's father, an aging liberal journalist of lofty reputation and even higher self-estimation. Soon Murray's gravity draws a fourth satellite, his young nephew Booties, an awkward worshipful boy who aspires to become a genius and sees Murray as essential to that objective. But when Botie's worship of Murray turns sour, announces his change of heart with a gesture that destroys the equilibrium the other character take for happiness. Directions:

Mid-Week Overnight Adventure Trip
Tuesday February 19 thru 21
Don
This week we are off to Carmel with two nights lodging in Monterey. Each room has two queen size beds and comes with a light breakfast. Our hiking adventures will take to Garrapata State Park with spectacular scenery from Rocky Ridge. We will also hike in Point Lobos and Carmel Beach. We will enjoy dinners together and a different restaurant every night and the room each has a small refrigerator and microwave, where you can pre-pare lunches and or snacks for the day's outings. If you're interested in joining us on our first mid-week overnighter, the prices are as follows. $76.40 per person double occupancy including tax for two nights. One person wanting there own room will be $108.80 tax included for two nights. This is a great deal and is RSVP. Reservations will close on Monday February 12. I have 2 single rooms and 7 rooms with 2 Queen beds reserved for our group. Do not send checks. Please call me and we will put your room under your name.

Newsletter Mailing & Potluck
Thursday February 21 6:30 PM
Barbara's in Danville
Directions: (925) 837-4499
Attn: NEW MEMBERS - Please come to the stamping and labeling meeting to meet other members, find out more about the club and socialize. We no longer have to collate the newsletters, so the working part of the meeting takes about 15 minutes, leaving the rest of the time for eating and socializing.

Bird Watching Day
Saturday February 23 10:00 AM
Robert and Joanne
We have loved watching the birds up at the Sacramento Bird Refuge just north of Williams. Bring your binoculars, layered clothing, lunch and water. Meet us at the Pleasant Hill BART station parking lot that is on Treat Blvd. for carpooling.

Alhambra Valley Ride – 2.5T35
Saturday February 23 9:45 AM
Charlie cju2@sbcglobal.net
Stan swong522@sbcglobal.net
Here is a 3-1/2 hour ride through peaceful Alhambra Valley (Pig Farm Hill the easy way), through Pinole to Crockett before returning via Franklin Canyon. There will be a coffee/snack stop somewhere between Pinole & Crockett, depending. Meet at Hidden Lakes Park in Martinez. Directions: Take I-680 North to Concord. Take the Willow Pass exit and head west (turns into Taylor Blvd beyond the Sun Valley Mall). Approx. one Mile farther, turn right onto Morello Ave. In approx 2 miles, Morello Ave. runs into Hidden Lakes Park as it meets Chilpancingo Pkwy.

Evening of Social Bridge
Saturday February 23 7:00 PM
Diane
Ellen
If you play bridge, come join us for a friendly card game. RSVP by Wednesday, February 20th.. Contact Diane, Ellen or viewpl@jps.net for details. Bring beverage or snack to share.

Pinochle – Beginners & Brush Up
Saturday February 23 6::00 PM
Toni
This is an RSVP event with a limited number of people.

Central Park to Livermore Bike Ride 2M34
Sunday February 24 9:45 AM
Roland
Join me for an easy ride to the Livermore valley. We will have a rest stop to fill your water bottles at the Livermore airport. Lunch will be in Pleasanton, then return to San Ramon on an all flat road. Refreshments afterwards. Rain Cancels! Directions: Take I-680 to Bollinger Canyon Rd. Go east about one mile. Central Park will be on your left.

Koffee Klatch
Monday February 25 9:00 AM
Rose
Ann
To be announced. Watch for email in February.

Mid-Week Blockbuster
Tuesday February 26 1:00 PM
Don
This is a day I have set aside just incase one of our previous hiking days are overshadow by rain. We won't cancel any Tuesday or Thursday hike. Instead we will get together for a Blockbuster movie and then go to Stanford's for a bite to eat. This is RSVP Event.

Dining in the Bay Area
Thursday February 28 TBA
Stan
Fun, friends & fabulous food - An unbeatable combination. Join us for a memorable dining adventure at one of the best restaurants in the Bay Area. Call for more information. Due to popularity of this event, it is important to **RSVP** by Sunday night. Call to find out restaurant name.

HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION

If you wish to become a member of the Hikanbyke Club and receive our bi-monthly newsletter, complete the application below and send with a check or money order payable to *Hikanbyke* and mail to:
Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553.
Membership is $10 per year (6 issues) or $25 for 3 years (18 issues).

Name: _____

Mailing Address: _____

City/State: _____ Zip: _____

Home Phone: ( ) _____ Cell or Other Phone: ( ) _____

Internet email address *: _____
(*For our database and for special notifications. See page #1 for info. on the Hikanbyke Listserv)

Membership Category: __ New __ Renewal _____$10 (1 year) _____$25. (3 years)

Hikanbyke distributes a directory to its members yearly. Member addresses are private. May we:
Publish phone number? Yes____ No ____ Publish Email address? Yes____ No____

I enjoy the following: Hiking ___ Cycling ___ Camping ____ Backpacking ____ DH Skiing ____
Tennis____ Running _____ Other (specify) _____

Hikanbyke
1201 Brickyard Way, #111
Point Richmond, CA 94801

Place stamp here

Do NOT send renewals to above address.

Address Correction Requested

Check the **expiration date** on your mailing label
If within 3 months, please **renew promptly**.